



Buffet #1

Price: C\$51.00

Dinner buffet # 1 \$51. 00

Select 4 salads:

Marinated roma tomato & arugula salad
Baby artisan lettuces with fresh dressings
Beet & goat cheese salad with candied walnuts
Caesar salad with herb croutons & shaved parmesan
Broccoli & red grape slaw with sunflower seeds
Mediterranean grilled vegetable salad with fresh herbs & balsamic reduction

*With seasonal vegetables and lemon & herb roasted baby potatoes

Select 1 rice:

Wild mushroom rice pilaf with truffle oil and shaved parmesan
Spanish rice
Lemon herb rice

Main courses:

Pasta in a tomato sauce with fresh herbs and shaved parmesan
Grilled chicken breast with your choice of sauces: Mushroom tarragon cream, Tandoori citrus gremolata or Lemon herb pan jus
Roasted wild salmon with your choice of sauce: Lemon caper brown butter, Lobster dill cream, Pineapple salsa or Maple dijon

Desserts:

Chef's selected mousse cakes & cheesecakes

Seymour Golf & Country Club

JJ Bean select fair trade coffee and assorted specialty teas

*Substitute italian pastries for dessert \$4.00 per person

*Add seafood presentation \$4.00 per person